

## **New Players** START HERE

## Adult Player Pathway



**Beginner Level 1** 1.0 - 1.5 NTRP

For beginners with no previous tennis experience.

This class develops the basics of rallying in a play-first manner. Basic techniques are developed with an emphasis on consistency.

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**Beginner Level 2** 2.0 - 2.5 NTRP

For beginners looking improve their foundation.

This class further develops all-court techniques while improving ball control, consistency and awareness of basic tennis tactics.

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**Intermediate Level 1** 3.0 NTRP

For players with solid fundamentals.

This class introduces more advanced point play strategies, while introducing techniques including ball spin, approach shots & more.

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**Intermediate Level 2** 3.5 NTRP

For players with a well-rounded understanding of the game.

This class focuses on advanced concepts including shot selection, mental training, and match play scenarios.

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Accelerated & personalized development with flexible scheduling

**VIEW AVAILABILITY** 





